

Appendix 1

Template for a Parenting Plan

Parenting Plan For

(insert names of children)

Agreed by:

(insert names of parents)

Signed: _____

Date of Agreed: _____ **Proposed Review Date:** _____
Parenting Plan

Introduction

This Parenting Plan template aims to provide you with a formal way of documenting agreements that you have reached between you which will help both you and your children now that you are no longer together.

The Plan has been designed by parents who some time ago were in the situation you are now facing and feel that it would have been helpful for them if such a document had been available.

The following sections focus on some specific areas of your children's lives which, as parents, you will need to consider. You are at liberty to complete sections that you feel are relevant to both of you and that you are able to reach agreement on. Please also feel free to amend this Plan or adapt it to best suit your own needs.

Always remember that you are making plans for your children and that it is their welfare and happiness which is at stake.

JUMP Executive

December 2006

1. Time Arrangements

Routine Parenting Time

Add here times and days that your children will routinely be spending with each of you that you have both agreed.

Family Events and Special Days

Add here any forthcoming family events and special days that your children will be spending with each of you that you have both agreed.

Religious Festivals

Add here any religious festivals that your children will be spending with each of you that you have both agreed.

School Holidays

Add here any school holidays that the children will be spending with each of you that you have both agreed.

Public/Bank Holidays

Add here any public/bank holidays that your children will be spending with each of you that you have both agreed.

Your Children's Birthdays

Add here any plans and arrangements for your children's birthdays that you have both agreed.

2. Contact Details for Identified Carers for the Children

Add here important contact details for relatives, friends and carers for the children that may help look after them when with either of you.

Mother's Carers

Name	Address	Phone Number

Father's Carers

Name	Address	Phone Number

3. Staying in Touch

Add here agreed arrangements you have reached between you for how and when the children can contact each of you either by phone or e-mail when they are not staying with you.

4. Schools & Further Education Contact Details

Add here key contact information that may be helpful for you both in maintaining contact with schools or colleges your children are attending.

Child's Name: _____

Name	Position	Address	Phone Number	E-Mail

4. Schools & Further Education Contact Details (Continued)

Child's Name: _____

Name	Position	Address	Phone Number	E-Mail

After School Activities

Add here details of after school activities your children will be involved in that will assist you both in making arrangements to collect them on the days that they are with each of you.

Child's Name: _____

Out of School Activity	Day/Date	Address, if not at School	Contact Phone Number	Activity Start Time	Activity End Time

4. Schools & Further Education Contact Details (Continued)

Child's Name: _____

Out of School Activity	Day/Date	Address, if not at School	Contact Phone Number	Activity Start Time	Activity End Time

5. Synagogue & Religious Education Contacts

Add here details of the synagogue you each attend with your children and the religious education contacts eg; for Bar Mitzvah or Bat Mitzvah/Bat Chayil lessons.

Mother's Synagogue

Name	Address

Father's Synagogue

Name	Address

Contacts for Religious Education

Name	Address	Phone Number	E-Mail

6. Other Key Contact Information

Add here other key contact information and document information relating to your children which will be helpful to you both.

Medical Contacts

Child's Name	Role	Name	Address	Phone Number	E-Mail
	GP				
	Dentist				
	Optician				
	Specialist				

Other Key Document Information

Child's Name: _____

Document	Key Information (if applicable)	Who will primarily look after this document
Birth Certificate		
Passport	Number: _____ Emergency contact names: _____ _____ Expiry date: _____	_____
NHS Number Certificate	Number: _____	_____
National Insurance Card	Number: _____	_____

6. Other Key Contact Information (Continued)

Other Key Document Information (Continued)

Child's Name: _____

Document	Key Information (if applicable)	Who will primarily look after this document
Birth Certificate		
Passport	Number: _____ Emergency contact names: _____ _____ Expiry date: _____	_____
NHS Number Certificate	Number: _____	_____
National Insurance Number Card	Number: _____	_____

7. Child Support and Other Expenses

Add here agreements you have made between you to meet such expenses as routine child support costs, school fees, school lunches, school uniform, after school activities, religious education costs and any other expenses you may consider appropriate to include.

Cost/Expense	Amount	Who Will Meet Cost/Expense	Comment

7. Child Support and Other Expenses (Continued)

Cost/Expense	Amount	Who Will Meet Cost/Expense	Comment

8. Plans for Reaching Agreement on Difficult Issues Impacting on Your Children

There may be times when it will be difficult to reach agreement on issues. It may therefore be helpful to add details below of the agreements you have reached between you in how you will aim to work together to resolve such difficult situations. You may consider asking a mutually trusted relative or friend to work with you both to help make such decisions. Alternatively you may feel it would be helpful to approach a trained mediator to assist.

9. Revisions to Parenting Plan

There may be times when your circumstances change or as your children grow up and their support needs differ that you may wish to make changes to this Parenting Plan. For example this Plan may need to change when your children move from primary to secondary school or from secondary school to college or university.

It may be helpful to add below key time points that you may wish to meet to discuss and agree changes to this Parenting Plan
